PSHE, RSE and Science Mapping

Autumn Term		Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Health and Well-being	Healthy Lifestyles	What helps keep bodies healthy; hygiene routines H1, H6, H7 Y1 Science NC: Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense. (Year A, Autumn 2) Ten Ten Link: KS1, Module 1, Unit 2, session 3 Clean and Healthy Link with Healthy Eating (Healthy Schools – Leeds Utd) WRF: Loving myself	Healthy choices; different feelings; managing feelings H2, H4 Y2 Science NC: Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene. (Year B Autumn 1) Ten Ten Link: KS1, Module 1, Unit 3, session 1,2 and 3 Fellings, Likes and Dislikes Feelings Inside Out Super Suzie Gets Angry WRF: Expressing myself	What makes a balanced diet; opportunities for making own choices with food; what influences their food choices; habits H3, H16 Y3 Science NC: Identify that animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food; they get nutrition from what they eat. (Year A, Autumn 1) Ten Ten Link: LKS2, Module 1, Unit 2, Session 2, Respecting our Bodies WRF: Getting informed	What makes a balanced lifestyle and making choices; drugs common to everyday life; hygiene and germs H1, H2, H17, H12, Ten Ten Link: LKS2, Module 1, Unit 2, Session 2, Respecting our Bodies Links with Healthy schools (Leeds Utd). WRF: Keeping safe	What positively and negatively affects health and wellbeing; making informed choices; benefits of a balanced diet; different influences on food; skills to make choices H1, H2, H3, Ten Ten Link: UKS2, Module 1, Unit 3, Session 1 Body Image Pol-ed- What is crime? Gain an understanding of different crime types. Gain an understanding of how we can prevent crime. Gain an understanding of how crimes can affect people. WRF: Getting informed	Images in the media and reality; how this can affect how people feel; risks and effects of drugs H4, H7 Y6 Science NC: Recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function. (Year A, B and C Summer 2) D-Side visit School nurse – healthy eating and lifestyles Ten Ten Link: UKS2, Module 1, Unit 3, Session 1 and 4 Body Image Seeing Stuff Online WRF: Getting informed
	Growing and Changing	Recognising what they are good at; setting goals. Change and loss and how it feels H3, H5 Ten Ten Link: KS1, Module 1, Unit 2, session 1 I Am Unique WRF: knowing where I am going	Recognising what they are good at; setting goals. Growing; changing and being more independent; correct names for body parts (including external genitalia) H3, H8, H9, H10 Y2 Science NC: Notice that animals, including humans, have offspring which grow into adults. (Year B, Autumn 1) Ten Ten Link: KS1, Module 1, Unit 2, session 1 and 2 I Am Unique *Girls and Boys (My Body)* WRF: Knowing where I am going	Recognising what they are good at; setting goals. Describing feelings; conflicting feelings and how to manage feelings H5, H6, H7 Ten Ten Link: LKS2, Module 1, Unit 3, Session 1 and 3 *What Am I Felling?* I Am Thankful WRF: Knowing where I am going	Recognising what they are good at; setting goals. Changes at puberty. Changes that happen in life and feelings associated with change H5, H18 Ten Ten Link: LKS2, Module 1, Unit 3, Session 1 and 3 *What Am I Felling?* I Am Thankful LKS2 Module 1, Unit 2, Session 3, 4 and 5. *What is Puberty?* *Changing Bodies* *Discussion Groups-Optional* WRF: Loving myself and knowing where I am going	Recognising what they are good at; setting goals; aspirations. Intensity of feelings; managing complex feelings. Coping with change and transition; bereavement and grief H5, H6, H7, H8 Y5 Science NC: Describe the changes as humans develop to old age. (Year A, Summer 2) Ten Ten Link: UKS2, Module 1, Unit 2, Session 1 Gifts and Talents WRF: Knowing where I am going Working it out	Recognising what they are good at; setting goals; aspirations. Changes at puberty *(recap Y4);* human reproduction; roles and responsibilities of parents H5, H18, H19 Ten Ten Link: UKS2, Module 1, Unit 2, Session 1 , 2, 3 and 4 Gifts and Talents Girls Bodies Boys Bodies Spots and Sleep WRF: Knowing where I am going Working it out

	Keeping Safe	Keeping safe around household products; how to ask for help if worried about something H11, H13, H14, H15 Ten Ten Link: KS1, Module 2, Unit 3, Session 1, Being Safe Pol-Ed Road Safety Pol-Ed Helping Hand WRF: Getting informed Keeping safe	Keeping safe in different situations; how to ask for help if they are worried about something; privacy in different contexts H12, H13, H14, H15, H16 Ten Ten Link: KS1, Module 2, Unit 3, Session 1, Being Safe Pol-ed- Privacy / secrets online Know how to stay safe online and in the real world. Know how to identify risk and get help. WRF: Getting informed Keeping safe	School rules on health and safety; basic emergency aid; people who help them stay healthy and safe H15, H23 (Heart Start) WRF: Keeping Safe	How to keep safe in local area and online; people who help them stay healthy and safe H21, H22, H25 Ten Ten Link: LKS2, Module 2, Unit 3, Session 1, 2 and 3 Sharing Online Chatting Online Physical Contact WRF: Keeping safe	Strategies for managing personal safety in the local environment; online safety; including sharing images; mobile phone safety H21, H22, H25, H24, Ten Ten Link: UKS2, Module 2, Unit 3, Session 1, 2 and 3 Sharing Online Chatting Online WRF: Keeping safe	Independence; increased responsibility; keeping safe; influences on behaviour; resisting pressure; rights to protect their body and speaking out (including against FGM); who is responsible for their health and safety; where to get help and advice H9, H10, H11, H13, H14, H20, H23 **Ten Ten Link:** UKS2, Module 2, Unit 2, Session 1, 2 and 3. Under Pressure Do You Want a Piece of Cake? Self-Talk **Pol-Ed** – Child Criminal Exploitation – **Human Rights** (H:25, R: 4, 21, 32, 33, 34, L: 1, 2, 3, 6 ,8) - Increasing understanding of Human Rights and what we as people are entitled to. Bike ability (Autumn 1) - road safety Virtues to live by – courtesy / respect / thankfulness WRF: Keeping safe Being heard
		School Events that will link to Health and Well being Anti-bullying week November https://www.twinkl.co.uk/resources/ks2-topics/ks2-topics-organised-events-and-awareness-days-weeks/ks2-topics-organised-events-and-awareness-days-weeks-anti-bullying-week • Safer Internet Day • Fire Safety – Bonfire Safety – materials provided by West Yorkshire Fire Service Fire Safety Visits • Road Safety Talks – Road Safety Week –November https://www.think.gov.uk/education-resources/ • NSPCC Pants are private talks throughout the year • School Nurse Visits (Handwashing, Teeth Brushing, Puberty) – Y6 Summer Children's Mental Health Week • Health Week (January)						

PSHE, RSE and Science Mapping

Spring Term		Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Relationships	Feelings and Emotions	Recognising feelings in self and others; sharing feelings. R1 Ten Ten Link: KS1, Module 1, Unit 3, session 1, 2 and 3 Feelings, Likes and Dislikes Feeling Inside Out Super Susie Gets Angry WRF: Loving myself and expressing myself	Behaviour; bodies and feelings can be hurt. R2/R4/R12, R11 Ten Ten Link: KS1, Module 2, Unit 2, session 2 and 3 Treat Others Well … and Say Sorry WRF: Being heard	Recognising feelings in others; responding to how others are feeling. R1 Ten Ten Link: LKS2, Module 2, Unit 2, session 1 and 2 Friends, Family and Others When Things Feel Bad WRF: Being heard and living together	Keeping something confidential or secret; when to break a confidence; recognise and manage dares. R9, R15 Ten Ten Link: (Some links within the below sessions) LKS2, Module 2, Unit 3, session 1, 2 and 3 Sharing Online Chatting Online Physical Contact WRF: Keeping safe	Responding to feelings in others. R1 Ten Ten Link: UKS2, Module 1, Unit 3, session 2 Peculiar Feelings WRF: Loving together	Confidentiality and when to break a confidence; managing dares. R9 Ten Ten Link: UKS2, Module 2, Unit 2, session a, 2 and 3 Under Pressure Do You Want a Piece of Cake? Self Talk UKS2, Module 2, Unit 3, session 1,2 and 3 Sharing Online Chatting Online Physical Contact

							Pol-Ed – Child Criminal Exploitation – **Managing Stress** (H:2, 3, 7, 8, 13, 15, 16, 21, 22, 36) - Develop stress management techniques WRF: Keeping safe
	Healthy Relationships	Secrets and keeping safe; special people in their lives. R3, R9 Ten Ten Link: KS1, Module 2, Unit 3, session 1, 2 and 3 Keeping Safe Good Secrets and Bad Secrets Physical Contact Pol-ed – **Helping Hand** **WRF: Keeping safe**	Listening to others and playing cooperatively; appropriate and inappropriate touch; teasing and bullying. R6/7, R10, R13/14 Ten Ten Link: KS1, Module 2, Unit 2, session 2 Treat Others Well KS1, Module 3, Unit 3, session 3 Physical Contact WRF: Living together	Positive; healthy relationships and friendships; maintaining friendship; actions affect ourselves and others; working collaboratively. R2/R4, R7, R11 Ten Ten Link: LKS2, Module 2, Unit 2, session 1 and 2 Friends, Family and Others When Things Feel Bad WRF: Working it out and living together	Acceptable and unacceptable physical contact; solving disputes and conflicts amongst peers. R8, R12 Ten Ten Link: LKS2, Module 2, Unit 2, session 2 When Things Feel Bad LKS2, Module 2, Unit 3, session 3 Physical Contact WRF: Working it out and loving together	Actions have consequences of actions; working collaboratively; negotiation and compromise; giving feedback. R7, R11, R12 Pol-ed- Cybercrime/ crime prevention Develop their understanding of what cybercrime is. Develop their understanding of different dangers of online gaming. Develop methods of using the internet safely. WRF: Getting informed Loving together.	Different types of relationships; positive and healthy relationships; maintaining relationships; recognising when a relationship is unhealthy (including forced marriage); committed; loving relationships; marriage. Acceptable and unacceptable physical touch; personal boundaries and the right to privacy. R2/4, R3, R5/R19, R6/20, R8, R21 Ten Ten Link: UKS2, Module 2, Unit 3, session 3 Physical Contact **Teach in Summer Term** **Pol-Ed** – Child Criminal Exploitation – **Transition / Resilience** (H24, 35, 37, 38, 41, 42, R: 1, 9,10, 11, 12,13, 14, 15, 16, 17,18, 22 -> 34, L: 1, 3, 4, 11, 12) - Understand extra responsibilities of being older - Recognise what grooming means and its effects - Recognise techniques groomers use to influence - Recognise the after-effects of being groomed - Recognise what criminal exploitation is WRF: Keeping safe.
	Valuing Difference	Respecting similarities and differences in others; sharing views and ideas. R5, R8 Virtues to live by – similarities and differences – circle time WRF: Living together	Respecting similarities and differences in others; sharing views and ideas. R5, R8 Virtues to live by – similarities and differences – circle time Pol-ed- Bullying Know how to recognise bullying (unkind words). Know how to help myself and get help from other WRF: Living together	Recognising and responding to bullying. R14/R18 Anti-bullying week WRF: Being heard and living together	Listen and respond effectively to people; share points of view. R10 Virtues to live by – courtesy, respect, patience WRF: Being heard and living together	Listening to others; raise concerns and challenge. R10 Virtues to live by – courtesy, respect, patience WRF: Being heard and living together	Listening to others; raise concerns and challenge. What makes people the same or different; recognising and challenging stereotypes; discrimination and bullying. R10, R13/16/17, R14/18 Virtues to live by – courtesy, respect, patience WRF: Being heard and living together
	School Events that will link to Relationships • Anti-bullying week 16th-20th November 2020 https://www.twinkl.co.uk/resources/ks2-topics/ks2-topics-organised-events-and-awareness-days-weeks/ks2-topics-organised-events-and-awareness-days-weeks-anti-bullying-week • Safer Internet Day – February 2021 https://www.twinkl.co.uk/resources/ks2-topics/ks2-topics-organised-events-and-awareness-days-weeks/ks2-topics-organised-events-and-awareness-days-weeks-safer-internet-day • NSPCC Talk						

		• Other Faiths Week • Black Lives Matter Movement – historical link (Black History Month October 2020) https://www.twinkl.co.uk/resources/ks2-topics/ks2-topics-organised-events-and-awareness-days-weeks/ks2-topics-organised-events-and-awareness-days-weeks-black-history-month • Link to Virtues - Respect

	PSHE Objective and strand
	Science Objective
	Ten Ten RSE Objective
Writing	Topics, due to content, may want to be taught to the single year group rather than following the mixed age and spiral planning on Pathway 3.
	Plan for gaps in Ten:Ten

Please note that the links to science and RSE may not cover the full PSHE objective and some areas of the PSHE objective may still need to be taught.

PSHE, RSE and Science Mapping

Summer Term		Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Living in the Wider World	Rights and Responsibilities	Group and class rules; everybody is unique in some ways and the same in others L1/L2, L8, L9 Ten Ten Link: KS1, Module 1, Unit 2, session 1 I Am Unique	Group and class rules; respecting their own and others' needs; groups and communities they belong to; people who work in the community; getting help in an emergency L1/L2, L3, L4, L10 Ten Ten Link: KS1, Module 3, Unit 1, session 2 Who is my Neighbour? KS1, Module 3, Unit 2, session 1 The Communities we Live In Pol-ed- Physical contact Know what physical contact is. Know what to do if physical contact feels uncomfortable or unsafe	Discuss and debate health and wellbeing issues. Being a part of the community and who works in the community L1, L9/10	Discuss and debate health and wellbeing issues. Appreciating difference and diversity in the UK and around the world L1, L11, L12, L15	Discuss and debate health and wellbeing issues. Rules and laws; changing rules and laws; anti-social behaviour; respecting and resolving differences L1, L2, L6, L8 Pol-ed – Mobile phone safety/ crime prevention. Increase their understanding of the safe use of mobile phones. Increase their understanding of the safe use of the internet on mobile phones. Understand ways to keep themselves and their mobile phone safe.	Discuss and debate health and wellbeing issues. Human rights; the rights of child; cultural practices and British law. Being part of a community; groups that support communities. Being critical of what is in the media and what they forward to others L1, L3/L4, L5, L9/L10, L17/L18 Ten Ten Link: UKS2, Module 3, Unit 2, session 1 Reaching Out
	Environment	Looking after the local environment L5 Forest Schools Autumn 1	Looking after the local environment L5 Forest Schools Autumn 1	Responsibilities; rights and duties L7	Sustainability of the environment across the world L15	Different rights; responsibilities and duties L7 Forest Schools Autumn 1 D:Side workshops Global Foods (D&T)	How resources are allocated; effect of this on individuals; communities and environment L15 Forest Schools Autumn 2 D-Side Workshop Global Foods (D&T)
	Money	Where money comes from; how to use money -saving and spending money L6/L7 HSBC financial education workshop. Aspirations week.	Where money comes from; saving and spending money; making choices; keeping track of money spent/saved L6/L7 HSBC financial education workshop. Aspirations week.	Enterprise; what it means; developing skills in enterprise L16	Role of money; managing money (saving and budgeting); what is meant by interest and loan L13, L14 HSBC financial education workshop. Aspirations week.	Importance of finance in people's lives; being a critical consumer; looking after money; interest; loan; debt management of money; tax L13, L14 HSBC financial education workshop. Pol- ed- Fraud Develop an understanding of what fraud is. Aspirations week.	Enterprise; setting up an enterprise *(CROSS YEAR-GROUP PROJECT WITH YEAR 3)* L16 HSBC financial education workshop. Aspirations week. Pol- ed- Fraud Develop an understanding of what fraud is.
		School Events that will link to Relationships • Maths link to money and enterprise • Geography links the environment – COP 26 • Links to agencies such as WWF, Greenpeace, Plastic in the environment and sustainability. • Link to Virtues – Respect, Citizenship, Perseverance, Love, Charity, Solidarity					

	PSHE Objective and strand
	Science Objective
	Ten Ten RSE Objective
Writing	Topics, due to content, may want to be taught to the single year group rather than following the mixed age and spiral planning on Pathway 3.
	Plan for gaps in Ten:Ten

Please note that the links to science and RSE may not cover the full PSHE objective and some areas of the PSHE objective may still need to be taught.